



**MINISTRY OF HEALTH
AND SOCIAL SERVICES**

OFFICE OF THE PERMANENT SECRETARY

Health Information

Cardiac Unit

The Cardiac Unit is located on the 1st floor wing at the Windhoek Central Hospital. The unit was inaugurated in 2008 with all successful heart operations carried out during that year.

The unit provides a comprehensive of heart treatment services as follows

- **Open Heart Surgeries** – patients with rheumatic heart diseases
- **Cardiothoracic Surgeries** – patients with lung illness
- **Outpatient Cardiac Clinic** – day patients seen from Monday to Friday
- **Catheter laboratory services** – procedures done to determine causes of heart illness
- **Renal degeneration services** – treatment of patients with chronic high blood pressure
- **Cardiac Pediatric Unit** – children screened for congenital heart disease
- **Echocardiogram Unit** - treatment to assess the entire structure of the heart
- **Referral to south Africa** - the unit refers extremely complicated heart treatment case to South Africa especially pediatric patients

Treatment Statistics

In 2013 thus far, the unit has admitted and performed heart operations on more than 600 patients, treated more than 2100 out patients and referred about 30 patients to South Africa.

Accessing the Cardiac Unit

All state patients should be consulted by a medical doctor at a District Hospital or any other referral hospital in the internal medicine unit before they are referred to and treated at the Cardiac Unit.

The normal referral process at public health facilities is as follows: patients should go to their nearest clinic or health center. Those facilities will refer them to district or referral hospitals and then to the National referral hospital (Windhoek Central Hospital) for specialized treatment.

Success of the Cardiac Unit

- The unit successfully performs heart operations for all patients.
- In 2012 the Ministry recruited a highly experienced adult cardiologist responsible for cardiac catheterization and insertion and insertion of permanent pacemakers, adding to the current experienced staff members.

General common causes of mortality by heart disease

- Heart failure and stage heart failure
- Endocarditis
- Cardiac tamponade / embolism
- Heart attack

For more information on the Cardiac Unit, contact our customer care office at Windhoek Central Hospital on 061 - 2033024

PUBLIC RELATIONS OFFICE

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